

Quilt Block Tutorial by Paula Luberts at Wingsical Whims Embroidery

www.wingsicalwhims.com

Some helpful things you will need.

Sewing Machine – for putting the block together

Embroidery Machine for Embroidering out the Quilt Block Design

Fabric – Choose your Favorite Color

Sewing Machine Needles – Heavy Duty Needles

Sewing Thread – Can be the same color as your fabric or it may contrast your colors.

Pins and Quilting Pins – I use safety pins. You will need a few. Basting spray too. (when sandwiching the quilt) Straight Pins when Sewing the blocks together.

Ruler or Quilting Ruler

Batting – This is the middle. What makes the quilt warm, you can also have quilts without.

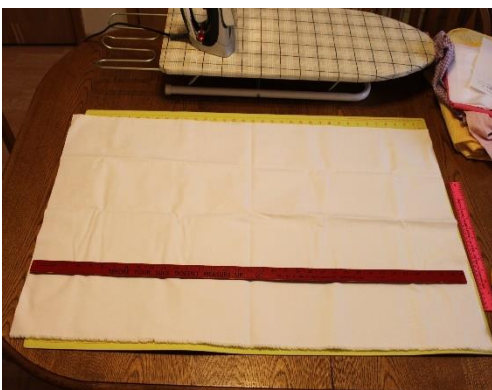
Rotary Cutter – This is used to cut quilt squares. You can use a scissors but for the correct size I find the rotary cutter more accurate.

Cutting Mat - I have a self-healing one

I purchased 1 yard of White 100% Cotton Fabric. Washed in Cold, I used the air dry part of the dryer, and then I iron/pressed.

Cut your white Fabric into 10 inch by 10 inch squares. I use a rotary cutter and mat for accuracy. You can use a scissors but make sure you are accurate or your measurements will not line up correctly for the quilt square.

You should get 12 - 10 inch by 10-inch quilt squares in a yard. Plus, a little extra for smaller projects.



With your embroidery machine stitch out the design. I used a medium weight stabilizer. I hooped both the design and the stabilizer.



Next, I choose my colors for the outside border. I am making this as simple as possible and we will just be making block squares. I purchased 2 fat quarters for my border. (You will not use all of them, but can use the color on later blocks if you choose.)



I washed, dried, and ironed the fat quarters in cold water, and the air dry setting on the dryer.

Decide what color you want on the top of the block and what you would like on the sides. As pictured above. (You can choose the same color for all the sides if you would like.)

Time to cut your fabric.

You will need to cut

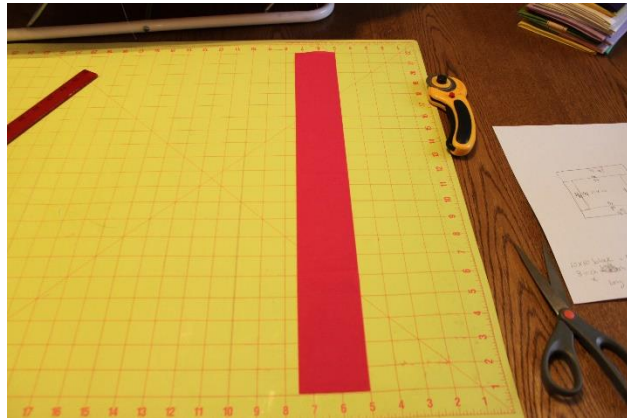
2 – 2 ½ inch by 10 inch strips. This will be the top and the bottom, these are sewn first.

2 – 2 ½ inch by 13 ¾ inch strips. This will be the sides. Sewn after the top and bottom.

Top and Bottom of Quilt Square.



Cutting a 2 ½ inch strip



2 ½ inch strip



Cutting the 2 ½ inch strip to 10 inches. Should get 2



Top and Bottom of cut strips

Left and Right Side of Quilt Square



Cut 2 2 ½ inch by 13 ¾ inch Strips. Just as you did with the top and bottom. Should look like the above when done.

Pin: Take the quilt square you embroidered and the top and bottom strip, with the right sides together. Like this.



Quilt Square and striped line up to the bottom



Flip strip flipped up. Right sides together.

When I say right sides together, you want both of the fronts of the fabric touching.

I always

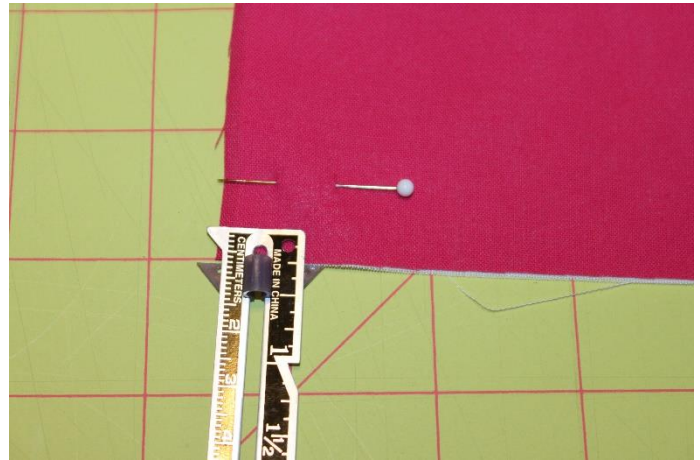
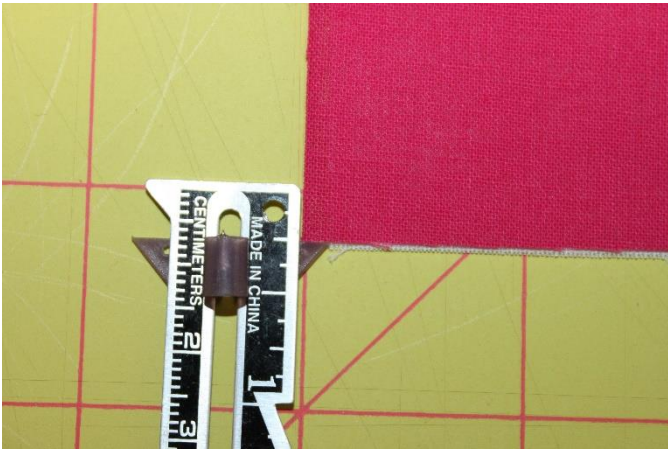
I always check and double check this. Just because it is a pain to seam rip.



Pinning

Do you see where I have a $\frac{1}{4}$ inch on the measuring tool. This will be your what they call seam allowance.

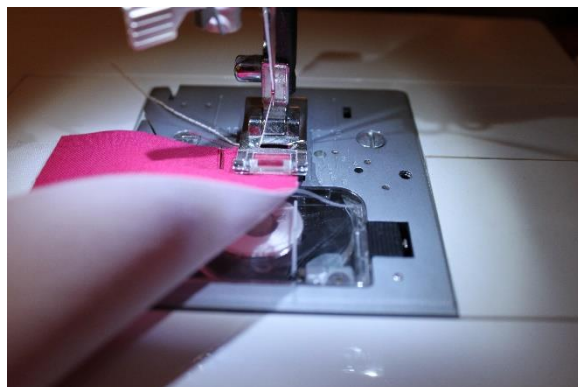
Above a little further so you are not hitting the needle pins with your sewing machine. I would say pinning about $\frac{3}{4}$ inch should do just fine



Pin Both the top and the bottom.



You are ready to go to your sewing machine.



Before beginning know where your ¼ inch park is on your machine. This is your sewing allowance of ¼ inch (where you will be sewing)



I have this on my quilting machine.

I use this at the beginning to tie a knot as well as the End. If you have this, I recommend using it.

Start sewing. Making sure you are straight and using the ¼ inch seam allowance.



The left picture is why I say make sure your pins are higher than where you will be sewing.

Stick out both the top and bottom strips to your quilt block.



It should look like this when you are done.

Now you will press the seams on the quilt block.

You always want to press towards the darker fabric, this way the seams will not show through.



When I say press. I mean set your iron down for a few seconds. I do not iron my seams only press down with my iron. Your quilt block should look like the one on the right after pressing the seams.

Now you are ready to sew on the side strips. Pin as did with the top and the bottom strips and sew together with your seam allowance.



Make sure you are putting the rights sides together as you can see the picture. Or front sides together.



When you are finished sewing both the sides it should
Look like this.

Now you will press the sides again.



You should now have a completed Quilt Block. Size should be 14 inch by 14-inch quilt block.



I hope you have enjoyed making this.

Now to wait for the next blocks to come out. Follow this tutorial for all your quilt blocks that you are following with Wingsical Whims Embroidery.

These instructions were written by Paula Luberts from Wingsical Whims Embroidery and these are my pictures as well. © 2016